

Ann Poeschel

Helen of Troy

United States of America (2019)

TAGS: [Aphrodite](#) [Helen](#) [Paris \(Trojan Prince\)](#) [Sparta](#) [Trojan War](#)



We are still trying to obtain permission for posting the original cover.

General information	
<i>Title of the work</i>	Helen of Troy
<i>Country of the First Edition</i>	United States of America
<i>Country/countries of popularity</i>	worldwide
<i>Original Language</i>	English
<i>First Edition Date</i>	2019
<i>First Edition Details</i>	Ann Poeschel, <i>Helen of Troy</i> , "Women of Mythology: Goddesses, Warriors, and Hunters". Cavendish Square, New York, 2019, 32 pp.
<i>ISBN</i>	9781502651327 (paperback)
<i>Genre</i>	Myths
<i>Target Audience</i>	Children (7-8 years)
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Creators



Ann Poeschel (Author)

From the book's *Helen of Troy* cover:

Ann Poeschel is an American author from Kansas. She holds a BA in English from the University of Kansas and a MA in publishing from Edinburgh Napier University. She is also a volunteer reading coach.



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Established by the European Commission

Additional information

Summary

This book summarizes the life of Helen of Troy and her part in the Trojan War, adapted for young readers, by using clear language. The book briefly recounts Helen's parentage, the judgment of Paris, Helen's abduction and the Trojan Horse.

The book also includes a glossary, index and a short recommended reading section and websites. While the book focuses on Helen, it also provides information on the *Iliad*, Greek myths in general, life in Sparta, the role of women in ancient Greece (Sparta and the other city-states) and the reception of Helen in Sparta and today. There is also a brief account of a parallel story from Indian mythology, in which Rama's wife, the goddess Sita, was kidnapped by the evil god Ravana until she was saved and reunited with Rama.

The text is accompanied by photographs of locations and stock photos from various sites, such as Getty images, Shutterstock and more.

Analysis

Even though the book is aimed at young readers, it succeeds in providing a complete setting for Helen's story by providing relevant information on ancient Greek society. It is duly noted that the Trojan War "united Greece" (p. 10), an important historical observation that is often omitted from children's books. Thucydides made this statement in the 5th century BCE in his Peloponnesian War (in the book's opening section). The author also includes information on the Spartan way of life and even a note on the Spartan Cynisca who won the Olympic games twice.

As brief as the text may be, the author strives to show that Helen was not just beautiful, although her beauty was widely known and recognized. She emphasizes her bravery often and writes, "Spartans liked strong women. They thought Helen had been strong and beautiful. They thought she was brave too because she stayed strong even after Paris kidnapped her" (p. 19). Even though the author mentions that some stories tell that Aphrodite made Paris and Helen fall in love, she emphasizes the fact that Helen was kidnapped by Paris and did not leave her husband willingly. Hence, in a way, she tries to exonerate Helen's reputation as a seductive femme fatale.

The author narrates how the image of Helen continues to be presented



in and literature and even on TV (for example in DC's *Legends of Tomorrow* series from 2017 and the movie *Troy* from 2004).

The author claims that young people can look up to Helen today because she was a powerful woman and not just beautiful. We might sense here a more feminist agenda by the author.

The addition of the Indian story elucidates how a similar myth was narrated in different cultures. The examples from modern adaptations are significant in bridging the gap between the old myths and Greek society and the world of the modern readers. They make the myths as well as their mythological characters appear universal and relevant.

Classical, Mythological,
Traditional Motifs,
Characters, and
Concepts

[Aphrodite Helen Paris \(Trojan Prince\) Sparta Trojan War](#)

Other Motifs, Figures,
and Concepts Relevant
for Children and Youth
Culture

[Appearances Femininity Heroism War](#)

